

# Soul Connection and Evolution Workshops 2012

Open the Door to a Whole New World Within You...

The Soul Connection and Evolution Workshop series are part of a **new** Soul Mastery Programme developed by Michelle Hardwick for 2012 and beyond. The programme comprises of 4 workshops and includes the following:

- ◆ **Workshop 1** - an Inner Journey to Atlantis to reconnect to your own pathway to Freedom. More details about this workshop can be found at <http://michellehardwick.com/news.html>
- ◆ **Workshop 2** - an Inner Journey to Egypt to reconnect to your own pathway to Peace. (see below for more details)
- ◆ **Workshop 3** - an Inner Journey to Lemuria to reconnect to your own pathway to Joy. More details can be found at the following link: <http://michellehardwick.com/news.html>
- ◆ **Workshop 4** – the final in the series of Soul Evolution, reconnecting to your Authenticity. Please go to this link for more details: <http://michellehardwick.com/news.html>

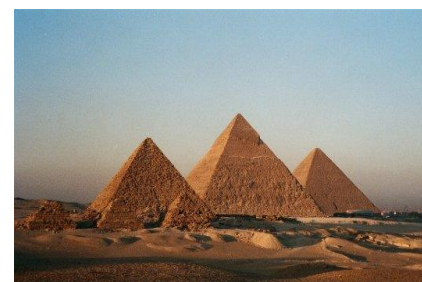


## Inner Journey to Egypt - Pathway to Peace [2]

### Workshop Content

In essence this interactive 'Inner Journey to Egypt' workshop which is the second in this series, is designed to help you begin to evolve as an individual and reconnect to your Soul gifts.

The four-hour workshop includes two powerful inner journeys: the first a guided, channelled meditation to Egypt to help yourself to bring forth unrealized talents and be more open to yourself; and the second is an experience of 'Soul Connection and Evolution Hypnotherapy' which may include a past life regression if required. The two journeys will be recorded and emailed to you.



Typically the guided inner journeys are unique in content and they will reflect where you - and the group are - on your spiritual journey of awareness and growth. The journeys assist you to go beyond time and space and help connect to your Soul.

In addition, we include a variety of insightful information, tools and exercises to assist you to make the changes you desire and deserve in your life; relationships and/or career.

## What to Bring

- ◆ Pen and Journal [Essential for self awareness and to record your experiences and journey].
- ◆ Any crystals/pictures/codes/oils you work with or place on the altar.
- ◆ Pillow, blanket, yoga mat, warm clothes and socks [For your comfort in the practical experiences].
- ◆ Filtered Water/snacks. [We will not break for meals so please ensure you arrive with a happy tummy!]
- ◆ A print out of the first two pages of this programme.
- ◆ A willingness and openness to share, to change and to try something new. The more prepared you are to explore and journey into your personal and internal resources, the more gifts you will discover.

## Benefits of this Workshop

In this workshop you will reconnect to your soul gifts, skills and talents which will help you to:

- ◆ Strengthen your intuition so you can make good decisions and find answers and solutions to challenges
- ◆ Get clarity and direction when you are uncertain or conflicted
- ◆ Experience a deeper feeling of inner peace, truth and wisdom
- ◆ Develop greater Self trust and understanding
- ◆ Live a life of ease and be “in the flow”
- ◆ Gain a deeper understanding of ego, fear, and the soul so you can manifest your desires



## Kind Feedback

*"The biggest lesson I've learnt is the importance of following my intuition, I don't think I was really aware of how much damage it was actually causing me until I attended this workshop. The knowledge & experiences you shared, together with your amazing Emotional Release session helped me realise (finally!) that this was the key if I wanted to live my life with integrity & create better relationships not only with people around me, but also with myself. Now I pay more attention to what my inner voices are telling me. I tell myself I'm being responsible whenever I follow my intuition : ) I also shared with my husband what I'd learnt in your workshop. It seemed to have helped him understand why certain things are so important for me even though I can't always explain it to him properly. The past life regression was equally amazing! At first I had doubts about what I saw. (Probably because this was the first time I ever saw anything from my past life. I just wasn't sure if I'd received the correct visions.) But the emotions I felt were very real. Everything from that regression seemed to be telling me, "You are in safe place now, so stop holding back and live a fuller life." I now feel I can finally let go of this part of me who used to feel so inadequate and out of place all the time. Thank you so much for helping me release it! I feel so fortunate to have met you at this phase of my life. You have no idea how much you are helping me!" M., Malaysia 2010*

## Your Facilitator – Michelle Hardwick

Michelle Hardwick is a certified Hypnotherapist and began her practice in 1999 in New Zealand, her spiritual home. Since then, she has developed her own style of Hypnotherapy – ‘Soul Connection and Evolution’ - which has evolved to integrate processes Michelle has found personally beneficial. ‘Soul Connection and Evolution Hypnotherapy’ bridges the worlds of self; spirituality; body; mind and soul bringing together:

- ◆ The self, represented by current state of self-perception
- ◆ Spirituality represented by self-awareness and connection
- ◆ Mind represented by character and will, openness to new ideas and interactions
- ◆ The Soul represented by the body, emotions, beliefs and aspirations.

This therapy unites all these separate strands, each of which display individual and distinct needs and strengths, into a tailor-made composite able to release the challenges of an individual’s existence and overcome barriers to progress.

Further, Michelle is an Emotional Freedom Techniques (EFT) Trainer who facilitates transformative EFT training that continues to dramatically benefit the lives of clients and students worldwide. For more than 11 years Michelle has shared her love of EFT with many. In addition to EFT and Hypnotherapy, Michelle is also qualified in Neuro-Linguistic Programming (NLP) and integrates the principles into all her work.

Through her busy international practice, Michelle continues to offer one-on-one consultations either in person or online. Her passion is helping souls heal. Michelle utilizes profound and unique methods of transformation in all her consultations. Clients worldwide have been uplifted by this soul-centered approach.



Michelle publishes both nationally and internationally; her writing enabling readers to share and continue to be inspired by her message.

The newly developed Soul Mastery Programme is now available for those wishing to further develop their skills. This latest series of workshops incorporates accelerated growth processes designed to facilitate soul evolution. The programme culminates in a 5-day retreat held in Bali in November 2012. For more details and to register please go to [www.michellehardwick.com](http://www.michellehardwick.com)

### **Quote**

*“Peace comes from within.  
Do not seek it without.”*

**Buddha**