

Soul Connection and Evolution Workshops 2012

Open the Door to a Whole New World Within You...

The Soul Connection and Evolution Workshop series are part of a **new** Soul Mastery Programme developed by Michelle Hardwick for 2012 and beyond. The programme comprises of 4 workshops and includes the following:

- ◆ **Workshop 1** - an Inner Journey to Atlantis to reconnect to your own pathway to Freedom. More details about this workshop can be found at <http://michellehardwick.com/news.html>
- ◆ **Workshop 2** - an Inner Journey to Egypt to reconnect to your own pathway to Peace. More details about this workshop can be found at <http://michellehardwick.com/news.html>
- ◆ **Workshop 3** - an Inner Journey to Lemuria to reconnect to your own pathway to Joy. (see below for more details)
- ◆ **Workshop 4** – the final in the series of Soul Evolution, reconnecting to your Authenticity. Please go to this link for more details: <http://michellehardwick.com/news.html>



Inner Journey to Lemuria – Pathway to Joy [3]

Workshop Content

In essence this interactive ‘Inner Journey to Lemuria’ workshop is designed to help you operate from a higher level of joy, love and compassion.

The four-hour workshop includes two powerful inner journeys: the first a guided, channelled meditation to Lemuria to help you to reclaim the passion, excitement, and confidence; and the second is an experience of ‘Soul Connection and Evolution Hypnotherapy’ which includes a future life progression. The two journeys will be recorded and emailed to you.



Typically the guided inner journeys are unique in content and they will reflect where you - and the group are - on your spiritual journey of awareness and growth. The journeys assist you to go beyond time and space and help connect to your Soul.

In addition, we include a variety of insightful information, tools and exercises to assist you to make the changes you desire and deserve in your life; relationships and/or career.

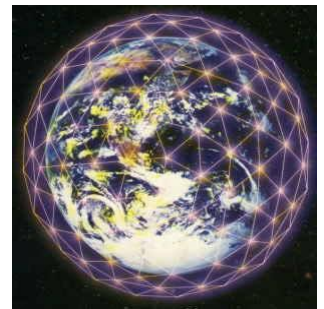
What to Bring

- Pen and Journal [Essential for self awareness and to record your experiences and journey].
- Any crystals/pictures/codes/oils you work with to place on the altar.
- Pillow, blanket, yoga mat, warm clothes and socks [For your comfort in the practical experiences].
- Filtered Water/snacks. [We will not break for meals so please ensure you arrive with a happy tummy!]
- A print out of this programme.
- A willingness and openness to share, to change and to try something new. The more prepared you are to explore and journey into your personal and internal resources, the more gifts you will discover.

Benefits of this Workshop

Experience:

- ◆ Unconditional joy, love and compassion.
- ◆ A deep connection to Source and the human race.
- ◆ The tools to stay centered; follow your heart and focus on your dreams and visions.
- ◆ An opportunity to step into your future and easily manifest your inner desires.
- ◆ A strengthening of inner value and worth.
- ◆ Profound communication with Source.



Kind Feedback

"I am clearer with messages from Source and much more connected with my soul. The messages are deeper and profound. It is no longer intuition, its' JUST KNOWINGNESS. I integrate and take action based on clarity and sureness. I can embrace light/dark, negative/positive in fullness and sureness with little guilt or anxiety. My faith in myself deepens. There is no doubt in my daily decisions but clarity, and peacefulness. I have the ability to predict ahead (a gift reclaimed in the workshop). I am able to predict or KNOW ahead of outcome, so I can compose my energy quietly. I act with sureness and the tasks are completed in the most simple manner. Enjoy the journey for Soul discovery!" E., KL, Malaysia 2011

"Thanks for the teaching and sharing such a wonderful class. I felt the connection with the peace of energy within me that is same for all the creation around us. It linked us and the universal together. I am not alone and getting the guidance clearer by focus within me and connect with soul. It brought me peace and joy. The workshop can help me get clearer guidance during my meditation, I Ching reading, as well as daily activities. I can remember names and get clearer pictures/objects from my dreams. I think the class structure was good. We just need to trust ourselves that we will get what we need. Thanks" C., KL, Malaysia 2011

Your Facilitator – Michelle Hardwick

Michelle Hardwick is a certified Hypnotherapist and began her practice in 1999 in New Zealand, her spiritual home. Since then, she has developed her own style of Hypnotherapy – ‘Soul Connection and Evolution’ - which has evolved to integrate processes Michelle has found personally beneficial. ‘Soul Connection and Evolution Hypnotherapy’ bridges the worlds of self; spirituality; body; mind and soul bringing together:

- ◆ The self, represented by current state of self-perception
- ◆ Spirituality represented by self-awareness and connection
- ◆ Mind represented by character and will, openness to new ideas and interactions
- ◆ The Soul represented by the body, emotions, beliefs and aspirations.

This therapy unites all these separate strands, each of which display individual and distinct needs and strengths, into a tailor-made composite able to release the challenges of an individual’s existence and overcome barriers to progress.

Further, Michelle is an Emotional Freedom Techniques (EFT) Trainer who facilitates transformative EFT training that continues to dramatically benefit the lives of clients and students worldwide. For more than 11 years Michelle has shared her love of EFT with many. In addition to EFT and Hypnotherapy, Michelle is also qualified in Neuro-Linguistic Programming (NLP) and integrates the principles into all her work.

Through her busy international practice, Michelle continues to offer one-on-one consultations either in person or online. Her passion is helping souls heal. Michelle utilizes profound and unique methods of transformation in all her consultations. Clients worldwide have been uplifted by this soul-centered approach. Michelle publishes both nationally and internationally; her writing enabling readers to share and continue to be inspired by her message.



The newly developed Soul Mastery Programme is now available for those wishing to further develop their skills. This latest series of workshops incorporates accelerated growth processes designed to facilitate soul evolution. The programme culminates in a 5-day retreat held in Bali in November 2012. For more details and to register please go to www.michellehardwick.com

Quote

“Joy is a net of love by which you can catch souls”
Mother Teresa of Calcutta